

A MONTHLY NEWSLETTER

JULY 2019 · VOLUME1 · ISSUE 2





JULY 2019

Highlights

Mother Mary Aloysia A.C. fifth endowment lecture

Agnes Towards Commmunity





PRINCIPAL'S MESSAGE

The season of the rains, July, meant a breath of fresh air and new life for us at St Agnes College when we celebrated VANAMAHOTSVA both on campus, and in the five villages adopted by St Agnes College by planting hundreds of sapling of fruit bearing and shade giving trees.

The annual feature of Mother Mary Aloysia Endowment lecture on 2 July brought home to us a fond remembrance of our Founder and our Foundation Day.

The most colorful event of the month was the installation of student cabinet of UG and PG for 2019-20. Maintaining a perfect balance between academics and co/extra curricular activities the students had their Mid Semester examination. We hope you will enjoy reading this edition and relive your memories of St Agnes.



SR. DR. JESWINA A.C

Mother Mary Aloysia A.C. fifth endowment lecture



The Internal Quality Assurance Cell of St Agnes (Autonomous) 'Mother organised Mary Aloysia C. -Fifth Endowment Lecture' on 2nd July. Meena Vaidyanathan, Founder and CEO - Nitti Consulting and also alumna of St Agnes College was the guest speaker. Sr Dr Maria Kripa A.C., Superior and Joint Secretary of St Agnes Institutions, Sr Dr Carmel Rita A.C., Administrator, Sr Dr M. Jeswina A.C., Principal of St Agnes College(Autonomous), Sr Dr Venissa A.C., Vice-Principal, Sr Dr Olivia A.C. principal, Dr Ita Gonsalves, IQAC coordinator and Prof. Mariola C. Pinto, convener, were present. A documentary on the works and achievements of Mother Mary Aloysia A.C., foundress the College, which was compiled by Sr Dr

Venissa A.C. was screened. A floral tribute to Mother Mary Aloysia A.C. was given by all the dignitaries present. Vaidyanathanthan in her inaugural address spoke on "Start Ups, Innovation, Technology - Future of the Millennials". In her lecture, she said, "Those who swim against the tide are those who create a niche for themselves." "One needs to always follow their gut as it knows what the head hasn't figured out yet," advised. Distinguished alumnae Renitia Lobo and Shamitha Rao, the founders of Mother Theresa Memorial School, Shankaranarayana, Kundapur were awarded for their path breaking services in the field of education. Mrs Marina, IQAC secretary welcomed the gathering and Dr Vidya Saraswathi shared few words of gratitude. Mrs Vinatha compered the programme. The faculty and the students of UG and PG, the alumnae of the college and the PTA members present.

'Vanamahotsava' celebrated by planting and distributing saplings

The Departments of Botany and Economics of St Agnes College organised 'Vanamahotsava - Connecting People and Nature' on 1st July 2019. The Chief guest, P Shreedhar, Range Forest Officer, Mangaluru division in his inaugural address gave a call to the students to protect forests and spoke on the importance of caring and saving trees. Sr Dr Maria Roopa A.C., Joint Secretary, St Agnes Institutions, Sr Dr Carmel Rita A.C., Administrator, St Agnes College, Sr Dr M Venissa A.C., Vice Principal Shubharekha, Dean Administrator of St Agnes College were present.

The dignitaries along with student representatives planted fruit trees and herbal saplings in the college premises. St Agnes College is all set to celebrate its centenary in the year 2020. In connection to this event, the organizers distributed 100 saplings to 100 students, wishing them all success. In keeping with World Environment Day 2019 Theme 'Beat Air Pollution' is the 160 countries all over the world are taking steps to save the environment and planet.



Agnesians help Govt. College students better their communicative English

The UG Department English of St Agnes College launched its extension activity of conducting 'Communicative English Course' for the BA students of Government First Grade College for Women, Balmatta on 24 July. The students of final year Major English of St

Agnes College are the facilitators helping their counterparts in the Government College to improve their English speaking skills.Dr Malini Achar, Associate Professor of English, St Agnes College and Deepika Suvarna, Associate Professor of English, Government First Grade College for Women are the course coordinators.





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Seminar on "Higher studies and employment opportunities in physical and biological sciences" held

The Department of UG Chemistry organised a talk on the topic "Higher studies and employment opportunities in physical and biological sciences" by Prof. Ronald Pinto on 9th July at 3pm.

The programme began with a prayer song lead by Namitha and team of IIIrd B.Sc. Alisha Menezes of IIIrd B.Sc introduced and welcomed the chief guest. Prof. Ronald Pinto motivated the students to pursue higher education, spoke about its importance and career opportunities in the field of physical and biological sciences.

Around 150 students attended the programme. Students who secured 85% and above in chemistry during the academic year 2018-19 among which 16 students were from I B.Sc (II semester),12 students from II B.Sc (IV semester) and 7 students from III B.Sc (VI semester) were felicitated by Prof. Ronald Pinto. Students of III B.Sc Areeba proposed the vote of thanks and Maleeha compered the programme.

Data is the key to everything in this era: Dr Amitabh Anand

The Department of Computer Applications organised a talk on International Business on 10 July 2019 for the M.Com and MSc Big Data Analytics students of St Agnes Centre for Post Graduate Studies and Research. The resource person for the session was Dr Amitabh Anand, SKEMA Business School Cote d'Azur, France.

Dr Amitabh gave a deep insight on how Business influence an individual and also every aspect across the globe. He explained the importance of International policies. He said the technology era currently is the Data Era, where everything speaks of only data

Dr Amitabh spoke on how students can choose inter disciplinary research topics to gain in-depth knowledge on various challenges faced in the International Business with Data Analysis. The session started with a silent prayer. Dr Cathrine, HOD Department of M.Com, florally welcomed the resource person, while Mr Thousif Assistant Professor Department of M.Com presented a memento as a token of gratitude.

National Level workshop on Structural Equation Modeling

The Department of Statistics organised a two day national level workshop on 'Structural Equation Modeling (SEM),' on 12 and 13 July. The programme was open tο the faculty members, research scholars and students of various constituent colleges of the country. 62 delegates representing 32 institutions of India participated in this workshop. The programme began with a prayer and the welcome address was delivered by Mrs Shubharekha, the programme coordinator. DK Zilla Panchayat CEO Dr Selvamani R inaugurated the "Even workshop. though official statistics is considered as one of the vardsticks of development, it need not necessarily indicate the development. Official statistics and the real statistics differ a lot. We have

real statistics differ a lot. We have plenty of data. But the challenge is to extract knowledge from the collected data," Selvamani said.

He focused on the fact that the real time data plays a significant role in any field of social or agricultural sciences. The chief guest gave a statistical touch to his expression and explained the importance of structural equation modeling. He stressed on manipulation, duplication and nonresponse data which may lead to an error. Statistical techniques have shown tremendous development over the years, he said. Principal Sr Dr M.



Jeswina A.C. presided over the she programme. In her address highlighted the importance of Structural Equation Modeling (SEM) and mentioned about the upcoming centenary year celebrations. This programme was designed to equip the participants with adequate knowledge about the various coding forms and data reduction techniques with structural relationship between the variables. Dr Ismail B Statistics. Professor of Mangalore University was the chief guest. The programme concluded with the vote of thanks by Ms. Harshini.



THE WORLD ENVIRONMENT DAY CELEBRATION



The 'World Environment Day' was celebrated by Mangaluru Municipal Corporation, Forest Department, Mangalore Smart City Ltd, National Service Scheme (Mangalore University), Bharat Scouts and Guides D.K District and Karnataka State Pollution Control Board, Mangaluru on 12th July.

The programme began with an awareness rally from Mangala Stadium to T.M.A Pai Convention Centre at 9 am. More than 2000 students from various colleges across the city, including St Agnes, participated in this programme.

The chief guests were Saalumarada Thimmakka, Piyush L Rodrigues, U T Khader and Dr Sudhakar. The guests spoke on the importance of conserving the environment for a better and healthier future. This was followed by an oath taking ceremony where participants pledged to protect the environment.



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The inaugural ceremony of the student cabinet for the 2000-2001 and her working experience in academic year 2019-20 took place on Saturday, July 13 at the corporate world as well as in the creative the St Agnes PU auditorium. Rajni Lobo Patrao, PGDIB an field. alumna of the College was the chief guest. Among the dignitaries present at the ceremony were Sr Dr M Jeswina A.C, Principal, Sr M Carmel Rita AC, Administrator, Sr Dr M Venissa AC, Vice Principal, Sr Dr M Vinora A.C., PG Coordinator, Charles Pais, Registrar. IQAC Coordinator, Dean Administration, Deans, the PTA Executive Committee members, alumni, faculty, UG and PG students of the College were also present.

The student cabinet comprises 29 members who are elected by the student body. The PG student president Anna Una Crasta and UG student president Jerusha Maben took the oath administered by the principal along with eight Vice presidents and 19 members of the student cabinet.

The theme that the cabinet has adopted for the year 2019-20 is, 'Individually we are one drop, and together we are an ocean'. Rajni Lobo Patrao in her address inspired and guided the new cabinet from her own experience as the privileged student president of St Agnes College in the millennium year

"Individually we are one drop, together we are an Ocean"

AGNESIANS

AGNES TOWARDS COMMMUNITY









AGNESIANS TAKE UP ENGLISH CLASSES AS PART OF ATC

WATER QUALITY IN AMBLAMOGARU VILLAGE-ATC

AGNESIANS CHECK

The final year students of III BBA visited Dakshina Kannada Zilla Panchayat Govt Higher Primary School, Hosabettu, to conduct spoken English classes to the students studying in I to VII standard on 13 July. The aim of conducting this activity was to help students of the government school improve their English language. The pupils of the school were divided into different groups and each group had two students, teaching them English. The students of St Agnes College used creative methods to train the young minds. The primary students were also taught some action songs in English. All the students of the school enthusiastically participated and learned to introduce themselves to the audience in English. The classes benefited 54 primary school students.

As part of Agnes Towards Community (ATC), 40 students pursuing graduation in the science stream checked the quality of water in Amblamogaru village on July 20.

The students collected water samples from various water sources and conducted several tests under the leadership of Ms Smitha and Ms Hezil from the Department of Chemistry and Mrs Prajwal Rao, the HOD of the Department of Microbiology.

The Department of Chemistry conducted water tests to determine pH, conductance, turbidity and hardness of water. Meanwhile, the department of Microbiology performed microbial examination of water. This involves tests such as - presumptive coliform test, confirmed coliform test and completed test.

GUEST LECTURE



JULY 2019

"Follow your dreams, never give up. Be happy with what you do". Or. Amitabh Anand

'NEVER GIVE UP,' DR AMITABH ANAND ADVISES BBA STUDENTS

A guest lecture was organised for the BBA students on the topic, 'Career Building and its Importance' on 18 July. Dr Amitabh Anand, Assistant Professor, SKEMA Business School, France was the Resource person.

The programme began with a prayer led by Viyona and group. Mrs Sabina, HOD of BBA Department welcomed the gathering and introduced the guest. Dr Amitabh Anand spoke on the importance of building a career. He spoke about Sochiro Honda, the founder of Honda, who never gave up in spite of facing many failures. Honda's perseverance led him to achieve success.

Dr Amitabh spoke about his own life's journey and how he succeeded in building up a career for himself. The talk was inspiring as it included real life examples. He also spoke about the various opportunities or scope for BBA graduates in India and abroad. Dr Amitabh concluded the session with a message, follow your dreams, never give up and be happy in what you do. Shreya Mallya of II BBA delivered the vote of thanks.

SACCSA INAUGURATED WITH GREAT ENTHUSIASM

St Agnes College Commerce Students Association (SACCSA) was inaugurated on 15 July by Sr Dr Jeswina A.C, Principal of St Agnes College.

"I feel great joy to see the enthusiasm of the students present. You need to strive, thrive and accomplish great heights," she told the students in her inaugural address.

Mrs Anita, the staff in-charge of the Department of Commerce, Rodney Vaz and Delan Lobo, the SACCSA coordinators and the faculty members of the Department of Commerce were present for the inauguration. Sr Jancy from III B.Com led the prayer song while Sanjana and group presented the welcome dance. Rakshika Mariam, the Vice-president of Commerce, welcomed the gathering.

Jessica expressed the vote of thanks and Melissa compered the programme. Post the inauguration, SACCSA organised a product launch competition for II and III B.Com students. This was the Association's first activity.

The judges for the event were Sabina D'Souza, Head of Department of Business Administration and Sheryl Preethika, Dean of Commerce and Business Administration.



"Students need to strive, thrive and accomplish great heights," Sr Or Jeswina AC



AGNESIANS PERFORM VARIOUS INDIAN DANCE FORMS IN A CULTURAL COMPETITION



The Cultural Association of St Agnes College (Autonomous) organised dance competition based on Indian dance forms on July 20. The competition was conducted for the first second and year students. 11 teams participated in the competition. The competition was judged

by Deepthi Bharnekar, who has completed her Vidwath under the guidance of Vidushi Sharada Mani Shekar and Srilatha Nagraj from Sanatana Natyalaya and Harshini B.M, coordinator for Cultural Association. The winners of the competition were, First place was bagged by Saksha and team, second

place was bagged by Varnika and team and the Third by Anusha and The participants were encouraged by the huge and supportive audience. The programme was compered by Jewal Rophine Crasta and it concluded with the vote of thanks by Anjali Nambiar, secretary of Cultural Association.

NSS VOLUNTEERS FROM ST AGNES PROMOTE SWACHH BHARAT WITH

CLEAN-UP DRIVES



NSS volunteers of St Agnes College (Autonomous) took up clean-up drives in different streets of Mangaluru as a of the Swachh Bharat Abhiyan. Fifteen NSS volunteers led by NSS coordinator Derik Dias cleaned the littered streets of Ambika Nagar on 6 July. They volunteered for more than 5 hours. Plastic and other waste dumped on the road was picked up. The weeds were cleared. The residents of the area extended their support by joining the clean-up drive. Meanwhile, another group consisting of 20 NSS volunteers along with the NSS coordinator Helen

Serrao cleaned the littered roads of Kana in Hosabettu village on the same day. Along with the clean-up drive, three saplings were planted. Prathibha Kulai, the area corporator, arranged for the tools required for the drive and a vehicle to dispose the collected garbage from the area. Rotarians Naveen Kumar and Rajendra P supported the programme and motivated the NSS volunteers. The drive ended with refreshments provided by the corporator. One of the NSS volunteers opined that the day was well spent by rendering social service, motivating and educating people about a plastic free nation.

AGNESIANS MARCH TO RAISE AWARENESS ON THE HARMS OF USING DRUGS

The NSS Unit of St Agnes College observed World Day Anti-Drug by participating in the programme organised by Dharmasthala Rural Development Project, B.C Mangalore Taluk. Trust. Karnataka State Alcohol Restraint Board, Bengaluru, Canara Bank, Syndicate Bank, Karnataka Bank and District Legal Services Authority of Dakshina Kannada on July 18.

The programme began with an anti-drug awareness rally at 9 am from Jyothi Circle to Town Hall. 21 NSS volunteers from St Agnes College participated in this rally. After the rally, all participants assembled in Town Hall to witness the formal programme.

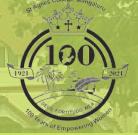
M Mohan Alva, Chairman, Alva's Education Foundation, Prof. Subramanya Yadapadithaya, Vice-Chancellor, Mangalore University Darshi Gangadhar, Senior Civil Judge and Legal Service Authority member and Mahabala Chauta were the chief guests.

They enlightened the participants on the use as well as the abuse of drugs and the impact of the same on society.

The talk was followed by the screening of an awareness video on 'Drug Awareness' and an oath taking ceremony where participants vowed to stay away from drugs.







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Seminar helps students to discover the Leader within



The Department of BBA organised a guest talk on the topic 'The leader in me and the seven habits of a highly successful leader' on July 23 at 2 pm.

Mrs Aruna Doreen Menezes, Assistant professor, St Aloysius College, Beeri was the guest speaker. Elson Dsouza, Assistant professor of BBA department welcomed the gathering and introduced the guest. Mrs Aruna advised students on how to think like a leader and become one. The speaker concentrated on Stephen Covey's 7 habits of a highly successful leader such as Be Proactive, Begin With the End in Mind, Put First Things First, Think Win-Win, Seek First to Understand, Then to Be Understood, Synergize and Sharpen the Saw. Mrs Aruna concluded with the message, "to be a successful leader we should begin with a change in ourselves." Jinisha of II BBA delivered the vote of thanks.

ST AGNES AND BAJAJ FINSERV LAUNCH CERTIFICATE PROGRAMME

(CPBFI)

launch of Bajaj Finserv's Certificate programme in Banking, Finance and Insurance (CPBFI) was held on July 24 at St Agnes College (Autonomous). Archana Bhat, senior manager at Bajaj Finserv, Peter Pinto, insurance expert and trainer, Lawren Castelino, placement officer, St College were present for inaugural. The programme began with a prayer conducted by the students. Thereafter, the dignitaries and the audience were welcomed. Archana briefed the students about CPBFI and how it is helpful. She also gave her insights on how the course will help women in their careers. She highlighted on what to expect from CPBFI. Peter Pinto gave more information about insurance sector and career prospects in the insurance field.

Linsa Lobo proposed the vote of thanks. Nerissa Noronha compered the programme. After the launch, the MoU was signed by Bajaj Finserv and St Agnes College.





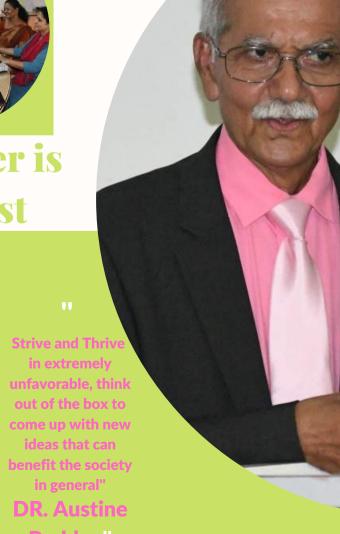


Effectiveness of a leader is what matters the most

The management of St Agnes College (Autonomous) organised a seminar for the student cabinet and the class representatives on the topic 'Leadership - Nothing is Impossible' on 24 July.Dr Austin D'Souza Prabhu, Editor of Veez Konkani Illustrated Weekly International e-Magazine was the chief Chethana, Mrs guest. Assistant Professor of BBA Department welcomed the gathering and introduced guest.

Dr Austin Prabhu highlighted the importance of being a leader and stressed that it is not enough to be a leader but what counts is how effective a leader is. He

mentioned instances from his personal life to motivate students not to give up and advised them to strive to be a role model for all. He said that a leader should put their duty first and foremost above others and expect nothing in return. He also spoke about the importance of working hard despite the obstacles in the way and even reminisced about his success story when he was young. His story inspired the student cabinet and class representatives to work hard and achieve great heights. The session ended with Arolyn Rodrigues delivering the vote of thanks.





Agne Swara



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NCC CELEBRATES KARGIL VIJAY DIWAS ON THE OCCASION OF 20TH ANNIVERSARY

National Cadet Corps (NCC) \mathbf{of} St. Agnes College, Mangaluru, celebrated Kargil Vijay Diwas with great pride at the College Conference Hall on 26 July. The day marks the 20th anniversary of the success of 'Operation Vijay', where Indian armed forces won over the infiltrating Pakistani troops.

The Kargil Vijay Diwas is a day of great pride for the nation in general. It is the day to remember the martyrs, rejoice their sacrifices and strengthen the resolve of the Armed Forces to the cause of the nation. Lt Col Gracian Sequeira, administrative officer, 18 Karnataka Battalion NCC was the chief

guest on this occasion. In his address, Lt Col Sequeira enlightened the students regarding the values and standards of Indian Military. He also stressed on the righteous cause for the celebration of Kargil Vijay Diwas.

Sr. Dr Jeswina AC, Principal, St Agnes College, presided over the programme. During the programme, cadets of Army Wing were honoured with ranks. The cadets showcased the role of Indian Army with a performance.Dr R Nagesh, exserviceman, HOD Department of Hindi delivered a talk on the significance of the day. Lt Gayathri B.K-ANO, Army Wing, Dr Hithakshi Anand of Air Wing, Dr Tressy Menezes, in-charge of NCC of St Agnes PU College were present. The faculty of the college and the NCC cadets of St Agnes and St Aloysius College were also present.

AWARENESS ON DENGUE OUTBREAK

A programme on Awareness on dengue outbreak and the precautionary steps that need to be taken was held at St Agnes College (Autonomous) on 22 July. The programme was organised by the staff coordinators of NSS and Youth Red Cross, St Agnes College. Around 100 students of NSS and YRC attended the programme.

Jayashree, staff coordinator of Youth Red Cross welcomed the gathering. Sr Prathima, Ruth and Sona, students of Roshni Nilaya School of Social Work were the resource persons for the orientation. The programme comprised of two sessions. The first session focused on the highlights of the disease and its mode of transmission. During the second session, the speakers enlightened the audience on prevention and management of the disease.

Ayisha Abdul Kader, secretary of Youth Red Cross, delivered the vote of thanks.





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GOD IS MY STRENGTH



AS AN EXPERT COMMITTEE MEMBER

St Agnes College Principal Sr Dr M Jeswina A.C was appointed as an expert Committee Member by the UGC to review the Autonomy status of Bharathi Women's College, Chennai, Tamilnadu, affliated to University of Madras on 18-19 July 2019.



FAREWELL PROGRAMME FOR SUPPORT STAFFS

St Agnes College organised a farewell programme for six support staff members on July 26. Bernadine Pinto, Gregory Leonard Sequeira, Jeofrey Fernandes, Francis Clifford Fernandes, Eliza Monteiro P and Poovamma were the staff members who were felicitated on their retirement. They recalled and

shared their memories and experiences working at St Agnes College. The support staff members expressed their gratitude and contribution of the college in their personal and professional life. All the principals and adminstrators were recalled by the retiring support staff during the delivery of their message.

POST GRADUATION

The latest news and updates from St Agnes Post graduation & research centre



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Complexities of research can be reduced by following apt methods: Dr Vishala B K

St Agnes College Chief Librarian Dr Vishala B K conducted a session for the Commerce post graduate students on different methods of conducting research on July 4. Dr Vishala spoke on various steps involved while conducting research. She also helped students in understanding the complexities of research which can be reduced by following proper methods and referring right articles.

She gave students information regarding e-journals such as N-List, J-Gate, Shodhganga etc. which could be easily accessed by students. "Prepare, organise, combine and evaluate," were the four key aspects she explained in her session. Prior to the session, Vamshi T G welcomed the gathering. Priyanna D'Cunha on behalf of students, expressed gratitude to Dr Vishala.



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Session on International Business for PG Commerce students

Amitabh Anand. Assistant Professor and HOD Department of BBA SKEMA Business School, France, delivered a guest lecture on the topic 'International Business' for post graduate students of St Agnes College on July 10. Dr Anand spoke on the present situation of International Business and helped students global understand the business scenario. He gave real life examples and his experiences relating to various concepts including big data and hacking. He provided information relating to the policies and relations between countries and the websites one needs to read to gain knowledge about the trends in International

Business. He stressed on certain areas and sectors which are of high importance like the travel and tourism industry.

Dr Amitabh spoke about websites where students can start working without making any investment and also told them about the platforms to host businesses. He spoke about the steps that need to be followed while engaging in International Business. He also spoke about a few websites where one can get funds from different geographical locations. Dr Anand spoke on the data mining that is taking place in the world today and also about the cyber hacking that is happening in

International Business. The two hour session was an informative and knowledgeable one which not only gave students a clear idea on International Business but also exposed them to the current scenarios and highlighted the importance of Big Data.

The audience included the HOD, faculty and students (I year and II year) of the PG Department of Commerce; the HOD, faculty and students of the PG Department of Big Data Analytics. The session came to an end with Lavita Saldanha from II M.Com proposing the vote of thanks.

Psychological perspectives analyzed with movie screening, book review and music therapy

The PG Department of Psychology held the screening of the movie Forest Gump for I and II year M.Sc Psychology students on July 15. A review session and interaction was held post the screening. Students were made to note down various psychological perspectives shown in the movie and asked to submit a report on the same.

On July 22, a book review session was held. Susan Cain authored 'Quiet: The Power of Introverts in a World That Can't Stop Talking' was analysed. The session was conducted by Rajath from I MSc Psychology. The same day, short film 'Peanut Butter' directed by Manu Chobe was screened and later an analysis was held. The session

was conducted by Dylan from II year M.Sc Psychology. On July 29, II year Psychology student Unnimaya held a session on 'Music as a therapy' for students of I and II year Psychology. She played music which all had to analyse and she discussed various perspectives on how music could be used for healing.

GUEST LECTURE ON MUTUAL FUNDS GIVES TIPS ON INVESTING INTELLIGENTLY

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'EARLIER THE BETTER; LONGER THE BETTER',

A guest lecture on 'Mutual Fund Investment for Wealth Creation' by A Prashanth Kumar, Assistant Professor, SDM College was held for Commerce post graduate students of St Agnes College on July 19. The main focus of the lecture was on how individual investors can invest and generate returns from mutual funds. It included the explanations about how mutual fund industry has grown along the years being one of the successful avenues in investment sector. The key factor stressed upon by the speaker was 'earlier the better and longer the better', that is, the investment can fetch good returns

only if one can invest in it as early as possible and keep it invested till a longer period of time.

He also spoke about the financial goals one needs to have and how it can be matched with investments. Prashanth spoke about the 'Rule number 72' which is used to calculate the number of years it takes for money to double and the various key investment considerations. different rates of return for different types of investments were also touched upon by the speaker. The students got to know about the different types of mutual funds based various classifications. mentioned about the high

risk, moderate risk and low risk mutual funds which one needs to consider while investing.

The session was helpful especially for the final year M.Com students who will soon start earning and can make productive utilization of their income.

The guest lecture facilitated students to gain an insight into how mutual funds work, how one can make investments in mutual funds, what will be the returns, what kind of mutual funds are best to invest in etc. The two and a half hour session helped students in understanding unknown aspects regarding mutual funds.

PG Fresher's Day brings out strengths and talents of newly inducted students

ORIENTATION FOR I YEAR M.SC PSYCHOLOGY STUDENTS HELD

The Fresher's Day for First year post graduate students was held on July 20. The programme was themed "Turn your spark into a flame" and the students were motivated to explore their uniqueness and showcase their strengths and talents to the entire postgraduate family.

The programme commenced at 9:30 am where Arathy Chandhran took the privilege of welcoming everyone. The I year Clinical Psychology students gave a good start to the programme with a performance on the theme 'Retro'. It was followed by a short performance by the I year Big Data Analytics students on the theme 'Music Trends'. Next were the students of I M.Sc Chemistry who gave an amazing performance on the theme 'Fear Fight Survival'. In order to cheer up the seated audience, a musical chair game for the Lecturers was conducted. Dr Geetha Nazareth from the Department of Chemistry turned out to be the winner. Next performance was from the PG Department of English with an exclusive theme of 'Be Yourself'. The I year General Psychology students put up a play on the theme 'Halloween'.

The final performance was from the students of I M.Com who gave a perfect end for the Fresher's day performances with their theme 'Kudla Express'. The college cabinet introduced 'The New Agnesian Contest', to recognise the proactive spirit among freshers. PG student president Anna Una Crasta took charge to introduce the contest and its objectives. Mr Delan Lobo from the UG Department of Commerce and Ms Athena Aranha, UG Department of Psychology were the judges.

Chris was conferred the 'New Agnesian' title. She was crowned by the PG Coordinator Dr Sr Vinora AC. The HODs of various departments awarded a bookmark and pen to their respective new Agnesian participants. The contest was hosted by Sharon Vas and Unnimaya Madhu with charm and cheer. Anna proposed the vote of thanks. Dr Sr Vinora AC gave a memento to the judges as a token of gratitude.

The Department of Psychology organised an orientation session for the new set of students of M.Sc Psychology on July 8.

The session began with an ice breaker, where the 47 newcomers got an opportunity to interact with their classmates.

Later, faculty members Dr V Premanand, HOD of Psychology, Assistant Professor Deepthi Kodoth, Assistant Professor Deepa Kotari and Assistant Professor Anirudh Ramesh proposed their ideas about the course.

They gave an introduction to the subjects which the first years will study in the academic year. This was followed by a session explaining the functioning of the department. The II year students briefed the freshers on what to expect in the upcoming years and about certain college rules they are to follow. Post which, II year students introduced themselves through a documentary.

"Turn your spark into a flame"

