



NAME	Ms Tanvi D Ail
DESIGNATION	Assistant Professor
QUALIFICATION	Master of Science
EMAIL	tanvi@stagnescollege.edu.in
EDUCATIONAL DETAILS	<ul style="list-style-type: none">• M.Sc. (Clinical Psychology), Kasturba Medical College, Manipal Academy of Higher Education, Mangalore• BA (History, Economics, Psychology), St Agnes College (Autonomous), Mangalore
SPECIALIZATION PG	Clinical Psychology
SUBJECTS TAUGHT AT UG	<ul style="list-style-type: none">• Child Development• Social Psychology• Lifespan Development• Human Resource Management
SKILL SETS	Counselling Skills

PARTICIPATION IN CONFERENCES

DATE	NATIONAL/ INTERNATIONAL LEVEL	TITLE	DETAILS OF ORGANISERS	PLACE	TITLE OF PAPER PRESENTED
November 2025	International	Insight, Innovation, Impact	Bharat Mata College (Autonomous)	Kochi, Kerala	Pathways to Psychiatric Care in Tertiary Care Hospitals in Coastal Karnataka and the Role of Culture
November 2024	National	Mental Health in the Digital Era: Navigating New Frontiers	Department of Psychiatry, Kasturba Medical College, MAHE	Mangalore, Karnataka	-
November 2023	National	From Trauma to Healing: Empowering Mental Health Recovery	Department of Psychiatry, Kasturba Medical College, MAHE	Mangalore, Karnataka	Pathways to Psychiatric Care in Tertiary Care Hospitals in Coastal Karnataka
January 2022	International	Innovation in Engineering, Management, and Science	Vasireddy Venkatadri Institute of Technology (VVIT)	Guntur, Andhra Pradesh (Online)	A study on the effects of video games on social interaction among students belonging to the age group of 16-21 years

AWARDS AND ACHIEVEMENTS

DATE	DETAILS
November 2025	Presented a paper titled “Pathways to Psychiatric Care in Tertiary Care Hospitals in Coastal Karnataka and the Role of Culture” at the International Conference on Applied Psychology organised by Bharat Mata College (Autonomous), Kochi, Kerala, India, and was awarded the Best Paper Presentation in the Academic Category for the same.
November 2023	Presented a paper titled “Pathways to Psychiatric Care in Tertiary Care Hospitals in Coastal Karnataka” at Psychiatry Insight 2023 CME-CRE Programme, organised by the Department of Psychiatry, Kasturba Medical College, Mangalore, Karnataka, India, and was awarded third place for the same.
January 2022	Awarded best paper presentation, undergraduate category, for presenting a paper titled “A study on the effects of video games on social interaction among students belonging to the age group of 16-21 years” at the first International Conference on “Innovation in Engineering, Management, and Science,” ICEMS-2022.

RESEARCH PROJECTS GUIDED

YEAR	TITLE OF THE PROJECT	NAME OF STUDENT
2025	A Study on Age as a Moderator of the Relationship between Spirituality and Psychological Well-Being	Megha M Roby, Nisma, Pranati D, Varshini P, Shraddha N S, Velisha Serrao
2025	Teaching Experience as a Predictor of Job Satisfaction among Higher Education Faculty	Thanmayee K Bhatt, Samhita Prabhu, Tanisha Shaktawat, Ananya K, Jane Sara George
2025	The Moderating Role of Gender in the Relationship between Aggression and Emotional Intelligence	Aysha, Vishitha Sheetal DCosta, Eram Khatri, Nimra Mariyam Patel

RESEARCH GUIDANCE	Guiding II and III BA/BSc Psychology students in research
RESEARCH INTERESTS	Psychopathology, Culture, Neuropsychology, Social Psychology
